

2019 Team BEEF SD Suggested Races/Events:

Frostbite Four- Feb 2, 2019

Beresford, SD

February Freeze- Feb 10, 2019

Rapid City, SD

Mickelson Trail Half/Full Marathon- June 2, 2019

Deadwood, SD

RASDak: Ride Across South Dakota – June, 2-8, 2019

Custer, SD – Yankton, SD

Tri County Tour De Du – June 15, 2019

Beresford, SD

Beef & Eggs 5k- July 13, 2019

Brookings, SD

Tour De Corn – Aug 16 -18, 2019

Mitchell, SD

Andy's 5k/10k Run & 5 or 23 Mile Bike Race- Aug 31, 2019

Huron, SD

Sioux Falls Half/Full Marathon- Sept 8, 2019

Sioux Falls, SD

Black Hills Veterans March and Marathon – Sept 21, 2019

Deadwood, SD

