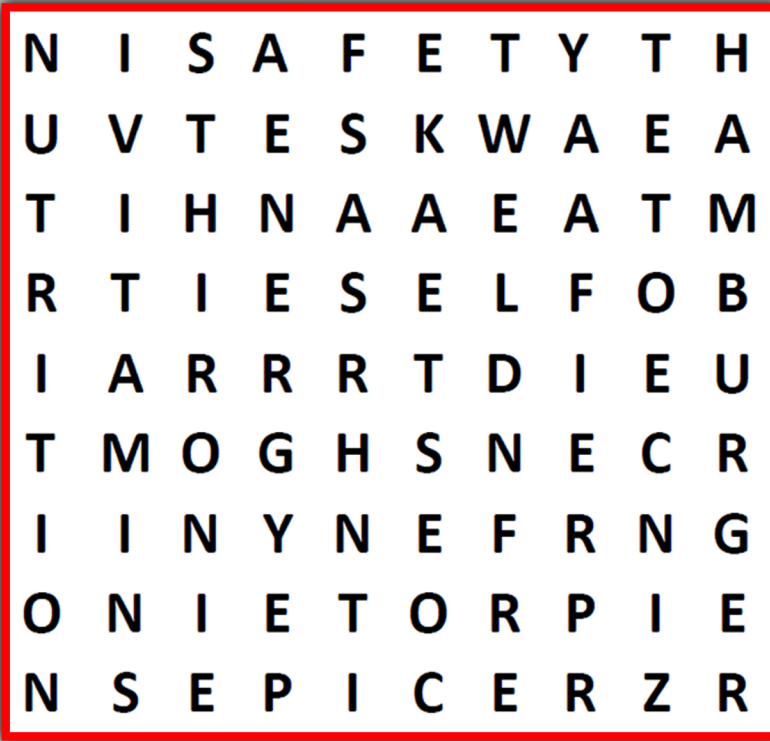


# ENERGY BOOST

When you're wondering what to eat that will fuel your body AND help you stay fit, think lean beef. It's packed with nutrients that help you feel and look good--and it's satisfying and delicious.



Beef  
Eat  
Energy  
Hamburger

Healthy  
Iron  
Nutrition  
Protein  
Recipes

Safety  
Steak  
Vitamins  
Zinc

