## Recipe Source: Kansas Beef Council Food Based Standardized Recipe Form

Ingredients	100 Servings		<u>50</u> Servings		Directions			
	Weight	Measure	Weight	Measure				
Raw ground beef (80% lean)	12 lb		6 lb		Brown ground beef, breaking into 1/2-inch crumbles and stirring occasionally until internal			
Water, plus additional as needed		1 pint		1 cup	temperature reaches160°F*. Remove drippings.*			
Reduced-fat creamy peanut butter or sunflower butter		1 pint		1 cup	Meanwhile, combine water, peanut butter, lime juice, soy sauce, garlic, ginger and red			
Bottled lime juice		1 cup		½ cup	pepper, as desired. Set aside.			
Reduced-sodium soy sauce		1-1/2 cups		³¼ cup	Stir peanut butter mixture into beef mixture.			
Garlic powder		1∕₄ cup		2 Tbsp	Continue cooking until heated through, stirring			
Ground ginger		1∕₄ cup		2 Tbsp	<ul> <li>occasionally and adding water as needed for</li> <li>desired consistency.</li> </ul>			
Crushed red pepper		2 tsp		1 tsp				
(optional)					Spy Thai Beef can be served over whole-grain spaghetti. Plate 1/2 cup (#8 scoop) spaghetti.			
Shredded carrots, red bell pepper strips, sliced green onion, sliced cucumber, shredded cabbage		3 gallons		1-1/2 gallons	Top with 2 ounces (#24 scoop) beef mixture per serving. Garnish with vegetables, as desired.**			
Sincuce cabbage					Other Serving Suggestions			
Whole-grain spaghetti noodles, raw	4-2/3 lb		2-1/3 lb		<ul> <li>Spy Thai Beef can be served on baked wonton or whole grain tortilla chips. Plate 6 to 8 wonton wrappers per serving. Top with 2 ounces (#24 scoop) beef mixture. Garnish with toppings, as desired.</li> <li>Spy Thai Beef can be served in Romaine lettuce leaves. Divide 2 ounces (#24 scoop) beef mixture between 2 small lettuce leaves per serving. Garnish with toppings, as desired.</li> </ul>			

	Asian inspired, savory Ground Beef mixture that pairs perfectly with the crunch of fresh veggies.CCP: Heat to 165°F for at least 15 seconds. CCP: Hold hot for service at 135°F or higher.CCP: Hold at 41°F or below for cold service.Components: 2 oz eq M/MA; 1 oz eq Grains; 0.5 cup Vegetables (sub-group(s) will vary depending on the specific veggies used)**Serving size: 1/2 cup (#8 scoop) cooked spaghetti, 2 ounces (#24 scoop) beef mixture, garnish with vegetables, as desired.HACCP Plan 2: * Cook's Tip Cooking instructions are for fresh or thoroughly thawed ground beef. Ground beef should be cooked to an internal temperature of 160°F. Color is not a reliable indicator of ground beef doneness.
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Provides:

Yield: 100 servings:

Serving Size: 173.0 gm (Weight or Volume

200 servings:

Serving Size: 173.0 gm (Weight or Volume)

## **Nutrients per Serving**

Calories	254	Dietary Fiber	4.3 gm	Vitamin B12	1.0 mcg
Protein	16.0 gm	Total Sugar (not added sugar)	3.2 gm	Iron	2.5 mg
Carbohydrate	25.0 gm	Cholesterol	33.0 mg	Vitamin B6	0.3 mg
Fat	10.2 gm	Sodium	281.0 mg	Selenium	26.0 mcg
Saturated Fat	2.9 gm	Zinc	3.3 mg	Phosphorus	192.0 mg

A serving of this recipe is an excellent source of protein, niacin, selenium, and zinc as well as a good source of dietary fiber, riboflavin, vitamin B6, vitamin B12, iron, potassium, and phosphorus.